

Mendota River Run 5K & 1 Mile Fun Run

Mendota Community Center 5/4/2024

2562 Mendota Rd, Mendota VA 24270

9am start time, The 2nd Annual Mendota River Run will run on the scenic Mendota Trail from the community center and along the North Fork River.

Registration: TILL MARCH 2 - \$25 March 3-April 13 \$30 After April 13 \$35

Make checks payable to: Mendota Community Association

Mail this Form to: PO Box 67 Mendota VA 24270

Race shirt is guaranteed if registration received by April 13

LAST NAME _____ FIRST NAME _____

SEX _____ DOB ____/____/____ AGE ON RACE DAY _____

EMAIL _____

ADDRESS _____ CITY _____

STATE _____ ZIP _____ PHONE (____) _____

RACE DAY EMERGENCY CONTACT NAME AND PHONE _____

CHOOSE ONE 5K _____ OR 1 MILE FUN RUN _____

SHIRT SIZE ADULT SM _____ MED _____ LRG _____ XL _____ 2X _____

CHILD SM _____ MED _____ LRG _____

IN CONSIDERATION FOR ACCEPTING MY ENTRY IN THIS RACE, I FOR MYSELF, MY HEIRS, EXECUTORS AND ADMINISTRATORS, WAIVE AND RELEASE FOREVER ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES I MAY HAVE AGAINST THE ORGANIZERS AND SPONSORS OF THIS EVENT. I ALSO RELEASE THE ABOVE NAMED FOR ALL CLAIMS OF DAMAGE DEMANDS AND ACTIONS IN ANY MANNER DUE TO PERSONAL INJURIES, PROPERTY DAMAGE. OR DEATH SUSTAINED AS A RESULT OF MY TRAVILING TO AND FROM AND MY PARTICIPATION IN SAID RACE. I ATTEST AND VERIFY THAT I AM PHYSICALLY FIT AND HAVE SUFFICIENTLY TRAINED FOR THE COMPETITION OF THIS EVENT. IN FILLING OUT THIS FORM, I ACKNOWLEDGE I HAVE READ AND FULLY UNDERSTAND MY OWN LIABILITY AB ABILITY. PARTICPANTS USING HEADPHONES ARE NOT ALLOWED ON THE RACE COUSRE.

SIGNATURE _____ DATE ____/____/____ PARENT SIGN IF UNDER 18

