

Rhododendron Run
3803 Fork Mtn. Rd.
Bakersville, NC 28705



Certified

42ND ANNUAL RUN

RHODODENDRON 10K

Date: Saturday, June 22, 2019

Time: 10K Starts at 8:30 A.M.

1 mile starts at 8:00 A.M.
Due to course limitations, walkers in 1 mile only.

Location: Gouge School, Bakersville, NC

Entry Fee / T-Shirts:

10K

\$20.00 pre-registration postmarked by June 8th.

\$30.00 Race-day registration 7:00 A.M. until 8:00 A.M.

Online Entry: www.werunevents.com

SFTC K&Q Event

\$1.00 Discount to SFTC Members

Chip Timing: Electronic timing provided by



Bakersville, NC
June 22, 2019

Quality t-shirts to all pre-registered.
Race Day while supplies last

Sponsor:



MOUNTAIN COMMUNITY HEALTH PARTNERSHIP

1 MILE

\$10.00 pre-registration postmarked by June 8th.

\$15.00 Race-day registration 7:00 A.M. until 8:00 A.M.

NO REFUNDS

Make checks payable to: Rhododendron Run

Mail to: Rhododendron Run
3803 Fork Mtn. Rd.
Bakersville, NC 28705

Limitations: Unregistered runners, unauthorized vehicles, roller blades, baby joggers/strollers, wearing headphones, running with dogs are strictly prohibited on the course in order to insure runner safety and to comply with liability insurance requirements.

Information: Bakersville Town Hall
(828) 688-2113

Course: USA T&F Certified 10 kilometer, out and back loop course. Moderately fast.

Splits & Aid Stations: Splits will be called Aid stations will be positioned on the course.

Facilities: Restrooms available before and after the race. No showers available.



SIBELCO

Co-Sponsors:



CASH PRIZES & AWARDS

Open Male/Female

1st - \$200.00
2nd - \$100.00

Masters Male/Female

1st - \$100.00

Overall winners not eligible for age-group awards

10K RECORDS

Open

Male - Thomas O'Gara 29:21 (1995)
Female - Monica O'Reilly 34:34 (1989)

Masters

Male - David Greer 32:51 (1995)
Female - Catherine Lempeis 38:23 (1992)

Age Divisions:

10K top 3 M & F, 19 and under; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70 and over

1 Mile:

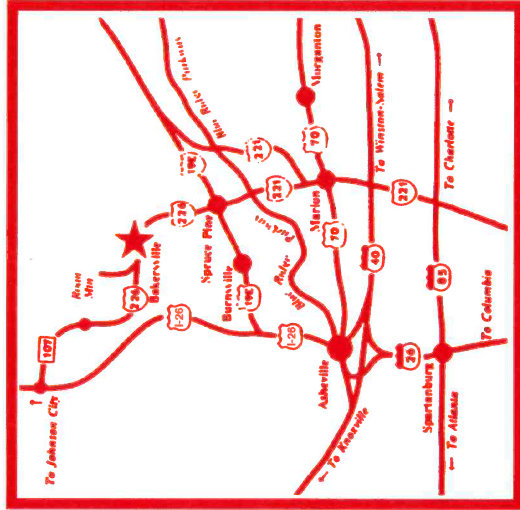
1st overall M/F; 1st M/F 12-under, ribbons to all finishers.

Results: www.werunevents.com

For all participants

REFRESHMENTS PROVIDED BY:

ingles



DIRECTIONS

From Johnson City, TN
Take I-26 East. Take exit 32 onto Unicoi Road, turn right. Go 3/4 mile to Rt. 107/226 to Bakersville.

Approximately 55 minutes.

From Marion, NC

Take Highway 226 N. to Spruce Pine.

Left at the first light, then turn right at second light to Bakersville.

Approximately 45 minutes from Marion, NC.

From Asheville, NC

Take I-26 West. Take exit 9 onto 19E to Burnsville, NC. Left on Highway 197 to Bakersville.
Approximately 65 minutes.

Official Lodging:



1-828-765-6276
Mention Rhododendron Run

RHODODENDRON 10K ENTRY FORM

Name: _____ Age: _____ Date of Birth: _____ AS OF 6-22-2019
Citizenship: _____ Sex: _____
Address: _____ City: _____ State: _____ Zip Code: _____
Phone: _____ T-Shirt Size: S M L XL Race - Check only one: _____ 1 mile or _____ 10K
Running Club: _____ Best 10K in Past Year _____

RELEASE, WAIVER AND ASSUMPTION OF RISK

I know that running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in the June 22, 2019 Rhododendron 10K, including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me.
Having read this release and knowing these facts in consideration of your accepting my entry, I, for myself, and anyone entitled to act on my behalf, waive and release the Toe River Striders, We Run Events, all other sponsors of the race, their agents, any other persons assisting with the race, and their successors from all claims or liabilities of any kind arising out of my participation in the race even though that liability may arise out of my participation in the race even though that liability may arise out of negligence or carelessness on the part of the persons referred to in this waiver. I grant permission for the use of any photographs, motion pictures, recordings, or other record of my participation in the race.

Signature of Runner

Signature of Parent or Guardian if under 18

IN CASE OF EMERGENCY CONTACT:

PHONE: