

The Pinnacle 5K

The Pinnacle Lifestyle Center
11-W and I-81 (Exit 74)
Start/Finish at Johnny Bruscos, Bristol, TN

8/3/2024

8:00 am Kid's Fun Run. 8:30 am 5K. Course will start and finish at Johnny Brusco's and will run entirely on the property of The Pinnacle Shopping Center. Run by all the major shops and Bass Pro Shop. Window shopping only during the run :-). Course should be fairly flat and fast. Proceeds benefit The United Way. Packet pickup: Saturday, August 3th, 6:30-8:00 am, Johnny Brusco's Restaurant.

Pre-registration: \$25 5K | **Regular** \$30 5K
(ends 8/3/17) \$10 Kid's Fun Run | **Registration:** \$15 Kid's Fun Run

Make checks payable to: United Way

Mail this form to: United Way
P.O. Box 696
Bristol, TN 37620

Headphones are permitted on the course | Strollers are permitted on the course

For more info contact Heather Hill, heather@johnsoncommercialdev.com Event needs volunteers! Please email Heather if you can help.	5K Run/Walk Male & Female Awards:	Kid's Fun Run (12 under) Male & Female Awards:
	Overall (top 3) Age Groups (top 3) 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+	Top Overall Age Groups (top 3) Race will be timed. 6 under, 7-8, 9-10, 11-12

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LAST NAME _____ FIRST NAME _____ M.I. _____

SEX ___ DATE OF BIRTH ___ / ___ / ___ AGE ON RACEDAY ___ E-MAIL _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____ PHONE (_____) _____ - _____

RACE DAY EMERGENCY CONTACT (NAME AND PHONE) _____

*** **CIRCLE EVENT:** 5K Run/Walk | Kid's Fun Run (12 under) *** **CIRCLE SHIRT SIZE:** YM, YL, SM, MD, LG, XL, XXL

IN CONSIDERATION FOR ACCEPTING MY ENTRY IN THIS RACE, I FOR MYSELF, MY HEIRS, EXECUTORS AND ADMINISTRATORS, WAIVE AND RELEASE FOREVER ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES I MAY HAVE AGAINST THE ORGANIZERS AND SPONSORS OF THIS EVENT. BY SIGNING THIS FORM I RELEASE USE OF MY PHOTO TAKEN AT THE EVENT FOR FUTURE PROFESSIONAL RACE EVENT PROMOTIONAL MATERIAL. I ALSO RELEASE THE ABOVE NAMED FOR ALL CLAIMS OF DAMAGE DEMANDS, AND ACTIONS IN ANY MANNER DUE TO ANY PERSONAL INJURIES, PROPERTY DAMAGE, OR DEATH SUSTAINED AS A RESULT OF MY TRAVELING TO AND FROM AND MY PARTICIPATION IN SAID RACE. I ATTEST AND VERIFY THAT I AM PHYSICALLY FIT AND HAVE SUFFICIENTLY TRAINED FOR THE COMPETITION OF THIS EVENT. IN FILLING OUT THIS FORM, I ACKNOWLEDGE I HAVE READ AND FULLY UNDERSTAND MY OWN LIABILITY AND ABILITY.

SIGNATURE _____ DATE ___ / ___ / ___ (Parent signature if under the age of 18)