

# Blue Ridge Conservancy 5K & 1 Mile Kids Fun Run

September 18, 2021 Blowing Rock, NC

5K Run/Walk at 8:00 am 1 Mile Kids Fun Run at 9:00 am

Please complete and return with your check payable to:

Blue Ridge Conservancy PO Box 568 Boone, NC 28607

5K Run/Walk

Please circle one:

1 Mile Kids Fun Run

Name:				_
Age:	_Birth date:	/	/	_
Address:				_
Telephone:				
E-mail:				_
Please circle				

\*Youth T-shirts are specific to 1-Mile Fun Run.

T-shirt Size\*

XL

Please	check	one a	age	category	v bel	OW*
1 16436	CITCUR	ULIC	140	Callyon	y NOCI	UVV .

	$13\ \&\ \mathrm{under}$		14-18	19-29
	<b>30</b> -39		40-49	<b>50</b> -59
П	60-69	П	70+	

\*Prizes will be awarded to the open, masters, and top three age group winners.

\*Race t-shirts will be guaranteed only for runners registered by September 1, 2021. Additional race t-shirts will be available on the race day while supplies last.

5K Early Registration Fee received by Sept 15, 2021 \$25.00 per runner 5K Day-of Registration Fee \$30.00 per runner

1 Mile Kids Fun Run Early Registration Fee received by Sept 15, 2021

\$15.00 per runner

1 Mile Kids Fun Run Day-of Registration Fee \$20.00 per runner

Out of town? Register for a VIRTUAL RACE and run or walk your 5k wherever you want to support BRC! (T-shirt + shipping included!) \$20.00 per runner

## Race day registration:

Registration is from 6:30 am to 7:30 am on Sept. 18th at the Blowing Rock Parks and Recreation Center at 145 Park Avenue. Please note this change from previous years. Race ends at Bistro Roca Restaurant.

#### Please read and sign below:

Waiver: In consideration of acceptance of this entry, I hereby assume all risks of participating in the 2021 Blue Ridge Conservancy 5K Run/Walk and Fun Run and release and forever discharge and hold harmless any and all race sponsors, race organizers, and committees, the Town of Blowing Rock and the Charitable Donee for the event, their employees, agents, or representatives from any and all actions, cause of action, claims, losses and liabilities arising out of injury to or damage sustained by myself. I attest and verify that I am physically fit and sufficiently trained to compete in this event and in the event of injury to me, I hereby consent and authorize the administration of all medical treatment and tests that may be considered advisable and necessary in the judgment of any qualified medical personnel. I agree that I am responsible for all medical costs incurred related to participation in this event and confirm that I provide complete medical insurance for any medical expenses, which may be incurred. I authorize the race organizers or the Charitable Donee to publish, copyright and lawfully use any photographs or film footage taken or any statements or testimonials made by me as a participant of the 2021 Blue Ridge Conservancy 5K and Fun Run. In case of a minor participation, I, the parent or guardian, hereby authorize my child to participate in this event and agree to all terms stated herein.

### **Emergency Contact Information:**

Name:	
Phone:	
Please print name(s) and sign below:	
Participant signature	Date
Parent or legal guardian of minor (print)	
Signature of legal guardian of minor	Date

#### The 20th Annual

## Blue Ridge Conservancy 5K

Sponsored by Stick Boy Bread Company

## & 1 Mile Kids Fun Run

Sponsored by Blue Ridge Pediatric and Adolescent Medicine

September 18, 2021 Blowing Rock, NC

5K Run/Walk-8:00 am

1 Mile Kids Fun Run- 9:00 am

Please Note:

Day-of registration will be from 6:30-7:30am at the Blowing Rock Parks and Recreation Center at 145 Park Avenue in downtown Blowing Rock.

The finish line for the 5K Run/Walk is at Bistro Roca, 143 Wonderland Trail, Blowing Rock. The Kids Fun Run will begin at Bistro Roca.

## Advance Bib # & T-shirt Pick Up

Pre-register and pick up your race bib at Stick Boy Bread Company, 345 Hardin St., Boone, NC from 7am-6:30pm on Thursday, September 16th or Friday, September 17th.

## <u>Parking</u>

Easy parking! Use the two-level parking deck on Wallingford Rd. behind the town park immediately next to the American Legion.

Go to <u>blueridgeconservancy.org</u> for more information, directions and maps.





Supported by:



Proceeds to Benefit:



Blue Ridge Conservancy partners with landowners and local communities to permanently protect natural resources with agricultural, cultural, recreational, ecological and scenic value in northwest North Carolina.

www.blueridgeconservancy.org