



**BLUE RIDGE
CONSERVANCY**
SAVING THE PLACES YOU LOVE

Blue Ridge Conservancy 5K & 1 Mile Kids Fun Run

September 21, 2019
Blowing Rock, NC

5K Run/Walk at 8:00 am
1 Mile Kids Fun Run at 9:00 am

Please complete and return with your check
payable to:

Blue Ridge Conservancy
PO Box 568
Boone, NC 28607

- 5K Run/Walk
 1 Mile Kids Fun Run

Name: _____

Age: _____ Birth date: ____/____/____

Address: _____

Telephone: _____

E-mail: _____

Please circle one: Male Female

Please circle one: Youth Adult

Please circle one: T-shirt Size*

S M L XL

*Youth T-shirts are specific to 1-Mile Fun Run.

Please check one age category below*:

- 13 & under 14-18 19-29
 30-39 40-49 50-59
 60-69 70+

**Prizes will be awarded to the open, masters,
and top three age group winners.*

**Race t-shirts will be guaranteed only for
runners registered by September 1, 2019.
Additional race t-shirts will be available on the
race day while supplies last.*

5K Early Registration Fee received by Sept 18, 2019

\$25.00 per runner

5K Day-of Registration Fee

\$30.00 per runner

1 Mile Kids Fun Run Early Registration Fee

received by Sept 18, 2019

\$15.00 per runner

1 Mile Kids Fun Run Day-of Registration Fee

\$20.00 per runner

*Out of town? Register for a VIRTUAL
RACE and run or walk your 5k wherever
you want to support BRC!*

(T-shirt + shipping included!)

\$20.00 per runner

Race day registration:

Registration is from 6:30 am to 7:30 am on Sept.
21st at the Blowing Rock American Legion
at 333 Wallingford Street. Race ends at
Bistro Roca Restaurant.



Please read and sign below:

Waiver: In consideration of acceptance of this entry, I hereby assume all risks of participating in the 2018 Blue Ridge Conservancy 5K Run/Walk and Fun Run and release and forever discharge and hold harmless any and all race sponsors, race organizers, and committees, the Town of Blowing Rock and the Charitable Donee for the event, their employees, agents, or representatives from any and all actions, cause of action, claims, losses and liabilities arising out of injury to or damage sustained by myself. I attest and verify that I am physically fit and sufficiently trained to compete in this event and in the event of injury to me, I hereby consent and authorize the administration of all medical treatment and tests that may be considered advisable and necessary in the judgment of any qualified medical personnel. I agree that I am responsible for all medical costs incurred related to participation in this event and confirm that I provide complete medical insurance for any medical expenses, which may be incurred. I authorize the race organizers or the Charitable Donee to publish, copyright and lawfully use any photographs or film footage taken or any statements or testimonials made by me as a participant of the 2018 Blue Ridge Conservancy 5K and Fun Run. In case of a minor participation, I, the parent or guardian, hereby authorize my child to participate in this event and agree to all terms stated herein.

Emergency Contact Information:

Name: _____

Phone: _____

Please print name(s) and sign below:

Participant signature _____ Date _____

Parent or legal guardian of minor (print) _____

Signature of legal guardian of minor _____ Date _____

Questions? Call 828-264-2511 or visit www.blueridgeconservancy.org for directions and race course maps.

The 20th Annual
Blue Ridge Conservancy 5K
Sponsored by Stick Boy Bread Company
& 1 Mile Kids Fun Run
Sponsored by Blue Ridge Pediatric and Adolescent Medicine

September 21, 2019 Blowing Rock, NC

5K Run/Walk- 8:00 am

1 Mile Kids Fun Run- 9:00 am

Please Note:

Day-of registration will be from 6:30-7:30am at the American Legion at 333 Wallingford Road in downtown Blowing Rock.

The finish line for the 5K Run/Walk is at Bistro Roca, 143 Wonderland Trail, Blowing Rock. The Kids Fun Run will begin at Bistro Roca.

Advance Bib # & T-shirt Pick Up

Pre-register and pick up your race bib at Stick Boy Bread Company, 345 Hardin St., Boone, NC from 7am-6:30pm on Thursday, September 19th or Friday, September 20th.

Parking

Easy parking! Use the two-level parking deck on Wallingford Rd. behind the town park immediately next to the American Legion.

Go to blueridgeconservancy.org for more information, directions and maps.

Supported by:



Proceeds to Benefit:



Blue Ridge Conservancy partners with landowners and local communities to permanently protect natural resources with agricultural, cultural, recreational, ecological and scenic value in northwest North Carolina.

www.blueridgeconservancy.org



Blue Ridge Pediatric and Adolescent Medicine