



**BLUE RIDGE  
CONSERVANCY**  
SAVING THE PLACES YOU LOVE

## Blue Ridge Conservancy 5K & 1 Mile Kids Fun Run

September 22, 2018  
Blowing Rock, NC

5K Run/Walk at 8:00 am  
1 Mile Kids Fun Run at 9:00 am

Please complete and return with your check  
payable to:

Blue Ridge Conservancy  
PO Box 568  
Boone, NC 28607

- 5K Run/Walk  
 1 Mile Kids Fun Run

Name: \_\_\_\_\_

Age: \_\_\_\_\_ Birth date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Please circle one: Youth Male Female  
Please circle one: T-shirt Size\*

S M L XL

\*Youth T-shirts are specific to 1-Mile Fun Run.

Please check one age category below\*:

- 13 & under     14-18     19-29  
 30-39         40-49     50-59  
 60-69         70+

\*Prizes will be awarded to the open, masters,  
and top three age group winners.

\*Race t-shirts will be guaranteed only for  
runners registered by September 1, 2018.  
Additional race t-shirts will be available on the  
race day while supplies last.

5K Early Registration Fee received by Sept 19, 2018

\$25.00 per runner

5K Day-of Registration Fee

\$30.00 per runner

1 Mile Kids Fun Run Early Registration Fee

received by Sept 19, 2018

\$15.00 per runner

1 Mile Kids Fun Run Day-of Registration Fee

\$20.00 per runner

Out of town? Register for a VIRTUAL  
RACE and run or walk your 5k wherever  
you want to support BRC!

(T-shirt + shipping included!)

\$20.00 per runner

Race day registration:

Registration is from 7:00 am to 7:30 am on Sept.  
22nd at the Blowing Rock American Legion  
at 333 Wallingford Street. Race ends at  
Bistro Roca Restaurant.



### Please read and sign below:

Waiver: In consideration of acceptance of this entry, I hereby assume all risks of participating in the 2018 Blue Ridge Conservancy 5K Run/Walk and Fun Run and release and forever discharge and hold harmless any and all race sponsors, race organizers, and committees, the Town of Blowing Rock and the Charitable Donee for the event, their employees, agents, or representatives from any and all actions, cause of action, claims, losses and liabilities arising out of injury to or damage sustained by myself. I attest and verify that I am physically fit and sufficiently trained to compete in this event and in the event of injury to me, I hereby consent and authorize the administration of all medical treatment and tests that may be considered advisable and necessary in the judgment of any qualified medical personnel. I agree that I am responsible for all medical costs incurred related to participation in this event and confirm that I provide complete medical insurance for any medical expenses, which may be incurred. I authorize the race organizers or the Charitable Donee to publish, copyright and lawfully use any photographs or film footage taken or any statements or testimonials made by me as a participant of the 2018 Blue Ridge Conservancy 5K and Fun Run. In case of a minor participation, I, the parent or guardian, hereby authorize my child to participate in this event and agree to all terms stated herein.

### Emergency Contact Information:

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

### Please print name(s) and sign below:

Participant signature \_\_\_\_\_ Date \_\_\_\_\_

Parent or legal guardian of minor (print) \_\_\_\_\_

Signature of legal guardian of minor \_\_\_\_\_ Date \_\_\_\_\_

Questions? Call 828-264-2511 or visit [www.blueridgeconservancy.org](http://www.blueridgeconservancy.org) for directions and race course maps.



*The 19th Annual*  
Blue Ridge Conservancy 5K  
*Sponsored by Stick Boy Bread Company*  
& 1 Mile Kids Fun Run

*Sponsored by Blue Ridge Pediatric and Adolescent Medicine*



September 22, 2018 Blowing Rock, NC

5K Run/Walk- 8:00 am

1 Mile Kids Fun Run- 9:00 am

*Supported by:*



## Please Note:

Day-of registration will be from 7:00-7:30am at the American Legion at 333 Wallingford Road in downtown Blowing Rock.

The finish line for the 5K Run/Walk is at Bistro Roca, 143 Wonderland Trail, Blowing Rock. The Kids Fun Run will begin at Bistro Roca.

### Advance Bib # & T-shirt Pick Up

Pre-register and pick up your race bib at Stick Boy Bread Company, 345 Hardin St., Boone, NC from 7am-6:30pm on Thursday, September 20th or Friday, September 21st.

### Parking

Easy parking! Use the two-level parking deck on Wallingford Rd. behind the town park immediately next to the American Legion.

**Go to [blueridgeconservancy.org](http://blueridgeconservancy.org) for more information, directions and maps.**

*Proceeds to Benefit:*



**BLUE RIDGE  
CONSERVANCY**  
SAVING THE PLACES YOU LOVE

Working with willing landowners and local communities to permanently protect land and water resources with agricultural, ecological, cultural, recreational, and scenic value in Northwest North Carolina.

[www.blueridgeconservancy.org](http://www.blueridgeconservancy.org)