



5K 10K

3rd Annual 5K/10K "Run Fur Their Lives" and "Strut Your Mutt" Walk

Virginia Creeper Trail, Abingdon Trail Head

300 Green Spring Road, Abingdon, VA

Saturday, October 17, 2015

Registration/Packet Pick-Up from 8:00am-9:30am / Race Time: 10:00am

Run Registration Fees:

\$20.00 until October 10

\$25.00 after October 10

Walk Registration Fees:

\$20.00 until October 10

\$25.00 after October 10

Free 5 and younger

Registration:

Make checks payable to: HTAR

Mail this form to: Happy Tails Animal Rescue

PO Box 95

Abingdon, VA 24212

For more information contact:
Amanda Carrico at 423-967-4892 or
happytailsofwashcova@yahoo.com

Male & Female Awards for 5K and 10K:
Top Overall
Top Masters (40+)
Age Groups (top 3)
under 14,15-19,20-29,30-39,40-49,50-59,60-69,70+

Only preregistered by October 1st are guaranteed t-shirts

Headphones are permitted on the course | Strollers are permitted on the course | Friendly dogs are welcome

Additional Donations may be made to HTAR which is a 501(c)(3) Organization

HTAR 5K/10K RUN & WALK

LAST NAME _____ FIRST NAME _____ M.I. _____

SEX _____ DATE OF BIRTH ____/____/____ AGE ON RACEDAY _____

E-MAIL _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____ PHONE (____) _____ - _____

RACE DAY EMERGENCY CONTACT (NAME AND PHONE) _____

CHECK BOX FOR PET PARTICIPATION TEAM/PET NAME _____

Race: (please circle one) 5K Race 10K Race Strut Your Mutt Walk

*** **CIRCLE SHIRT SIZE:** XS, SM, MD, LG, XL, XXL

I acknowledge that my dog is friendly, current on all vaccinations, able to provide proof of such vaccinations and that any children under the age of twelve will be supervised by an adult.

IN CONSIDERATION FOR ACCEPTING MY ENTRY IN THIS RACE, I FOR MYSELF, MY HEIRS, EXECUTORS AND ADMINISTRATORS, WAIVE AND RELEASE FOREVER ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES I MAY HAVE AGAINST THE ORGANIZERS AND SPONSORS OF THIS EVENT. I ALSO RELEASE THE ABOVE NAMED FOR ALL CLAIMS OF DAMAGE DEMANDS, AND ACTIONS IN ANY MANNER DUE TO ANY PERSONAL INJURIES, PROPERTY DAMAGE, OR DEATH SUSTAINED AS A RESULT OF MY TRAVELING TO AND FROM AND MY PARTICIPATION IN SAID RACE. I ATTEST AND VERIFY THAT I AM PHYSICALLY FIT AND HAVE SUFFICIENTLY TRAINED FOR THE COMPETITION OF THIS EVENT. IN FILLING OUT THIS FORM, I ACKNOWLEDGE I HAVE READ AND FULLY UNDERSTAND MY OWN LIABILITY AND ABILITY. I FURTHER UNDERSTAND THAT FEES MAY BE NON-REFUNDABLE DUE TO INCLEMENT WEATHER AND WILL NOT HOLD WE RUN EVENTS OR HTAR LIABLE.

SIGNATURE _____ DATE ____/____/____ (Parent signature if under the age of 18)

